

Product Catalog

Rev. 2009



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TABLE OF CONTENTS

If you click on the section you wish to go to
you'll be taken to its corresponding page.

Table of Contents (T.O.C.)	2	Our Gemstone Soaps	15
About <i>WaterOz</i>TM	3	New at <i>WaterOz</i>TM!	16
About Good Health	3	Tea Mint Tooth Drops	16
About Minerals	4	Our Essential Oils	17
What Makes Our Minerals Unique	5	Essential Oils - Blends	17
Recommended Daily Allowances	5	Essential Oils - Carrier Oils	20
Our Minerals	6	Essential Oils - Singles	20
Boron	6	Essential Oil Samplers	21
Calcium	6	Our Air & Water Purifiers	22
Chromium	7	About Our Air & Water Purifiers	22
Cobalt	7	Ozone's Origins & Uses	23
Copper	7	Ozone's Meaning & Creation	23
Germanium	8	Top Five Benefits of Using UV Light & Ozone	
Gold	8	23
Indium	8		
Iodine	9		
Iron	9		
Magnesium	9		
Manganese	10		
Molybdenum	10		
Platinum	11		
Potassium	11		
Selenium	11		
Silver	11		
Sulfur	11		
Tin	12		
Vanadium	12		
Water of Life	12		
Zinc	12		
Our Enzymes	13		
EPN	13		
PRNA	13		
Our Solution Drops	14		
Body Alkalizer	14		
OxyDrops	15		

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.

ABOUT *WaterOz*[™]

David Hinkson, N.D. founded *WaterOz*[™]. He was motivated to learn about health and proper nutrition after traditional approaches failed to help him with his many health problems. By the utilization of a highly technical process, he discovered how to turn pure minerals into an ionic, water-soluble cell-ready solution that the body can absorb and use. The product contains no fillers, binders, or preservatives, only the purest minerals available on the market and the purest water.

ABOUT GOOD HEALTH

“The key to health and well-being is found in maintaining a proper nutritional foundation.”

Natural healing laws and methods have existed since the beginning of time. A rapidly growing segment of the population has turned to the drugless healing arts and practices. This has spurred renewed interest in herbs, nutritional principles, exercise, breathing, iridology, homeopathy, fasting, reflex therapy, polarity work, glandular balancing, acupuncture, and many other aspects of the holistic approach to health.

Good health allows a high level of physical, mental, and spiritual well-being. The key to health and well-being is found in maintaining a proper nutritional foundation, as excess or deficiency in any of the primary elements needed in human nutrition can account for disease and pathogenic mental symptoms. Human body tissue can neither be restored nor rejuvenated without proper nutritional support. The reality of our highly processed fast food society is that today it is very difficult to follow a healthy diet and even more difficult for our bodies to digest, absorb, and metabolize the foods we eat into useable elements necessary for proper body function. The problem is compounded by the fact that many fruits and vegetables are picked green (for easier transportation to markets) before they absorb or develop the proper life-giving nutrients. Then they are processed, treated, irradiated and adulterated with chemicals. In addition, our soil is largely depleted of the essential elements. Nutrient depleted soil leads to nutrient depleted food.

Our bodies are not designed to ingest and assimilate foods that are deficient in minerals, vitamins, enzymes, fiber, and nutrients, or foods that have been irradiated, devitalized, and loaded with additives designed to give them eternal shelf life. Such “food” leads to sickness and disease. Our bodies are made of the same basic elements (minerals) of which the earth is made. **We are not getting the mineral nutrition we need from the foods we eat.** Specific minerals facilitate specific functions in the organs and tissues.

Each mineral is a conductor or transmitter operating on a specific vibratory frequency; rarely does any element function alone. Each element achieves its power through bio-chemical combination and relationship with other elements; in other words, each product works synergistically with all of our other products and the natural minerals we get from pure food sources.

In the same way our bodies are not designed to ingest and assimilate inferior foods, our bodies do not thrive on pharmaceutical drugs created in a laboratory. Drugs are not structured or evolved for compatibility with the human organism. Drugs cause side effects that range from uncomfortable, to severe, to even lethal.

Since every disease takes time to develop, eliminating disease takes time, too. Remember, as with everything in life, balance is important. An inadequate or excessive supply of the essential

nutrients required for proper body function can result in physiological imbalance leading to a wide variety of disease states. The importance of nutritional supplements is widely recognized in the scientific community and among nutritionally oriented physicians, but it is important to remember that nutritional supplementation should be considered part of a long-term health program, not a quick fix. After taking our products, some people feel a difference within 48 hours while others find it takes longer to recognize a change. Ultimately, most people feel increased energy, an improved sense of well-being, and get sick less often.

ABOUT MINERALS

Few textbooks recognize the importance of the minerals required for perfect health. It is believed that at least 24 elements are *essential* for life. Deficiency symptoms occur when there is a lack of one or more of these minerals or when they are in an unusable form. These symptoms are often resolved when proper balance is achieved.

Minerals are essential to physical and mental health. They are a basic part of all cells, particularly blood, nerve, muscle, bones, teeth, and soft tissue. The electrolyte minerals (sodium, potassium, and chloride) are essential for functional support and help regulate the fluid and acid-base balance of our bodies. Other minerals are part of enzymes that catalyze biochemical reactions. They aid energy production, metabolism, nerve transmission, muscle contraction, and cell permeability.

Carbohydrates, proteins, fats, vitamins and minerals are the building blocks of our diet and provide sources of energy to maintain life and promote cell and tissue growth and other biochemical support.

Minerals contain no calories or energy themselves, but assist the body in energy production. Minerals (or elements) come from the earth and can most simply be defined as chemical molecules that cannot be reduced to simpler substances. They exist in their *inorganic* state in the soil and in their *organic* state as the basic constituents of all living matter. The main elements essential to health, each of which makes up more than .01 percent of total body weight, are termed **macro-minerals** (calcium, phosphorus, chlorine, potassium, sulfur, sodium, magnesium and silicon). The next group of elements, termed **micro-minerals** or trace minerals, are also essential to health (iron, copper, zinc, iodine, cobalt, boron, manganese, selenium, molybdenum, vanadium, and chromium). Other elements contained in the body include some of the toxic metals (lead, aluminum, cadmium, arsenic, and mercury).

Any elements found to occur naturally in plants or animals are *organic*. Mined and refined minerals in food products are in inorganic or *synthetic* forms. Anything in excess is to be avoided, whether natural or synthetic. Metal poisoning from too much of a mineral primarily affects the metabolic enzymes, brain and nervous system. Many other bodily functions can be affected as well. In addition to the toxic metals, some essential elements such as copper, iodine, selenium, chromium, iron and calcium can cause health problems when they are in an improper form in the body.

Your body can manufacture some vitamins. It cannot make minerals; thus, a deficiency of minerals is more common than a deficiency of vitamins. Minerals are difficult to extract from food complexes during digestion, especially if the digestion is compromised in any way. There is more mineral "uptake" competition when compared to vitamin "uptake".

WHAT MAKES OUR MINERALS UNIQUE

Our mineral dietary supplements are the purest minerals available on the market (up to 99.99% pure metal, magnesium, calcium, etc.) and pure water (a special double osmosis process assures absolutely pure water)...nothing more, nothing less. Each individual mineral is “processed” in a manner unique to that particular mineral; that process mimics nature’s method of turning minerals from the earth into a form useable by man. It is a process we call ‘cold fusion’.

There are a number of copy-cat look-a-like mineral supplements on the market, but the proof is in the product. When you use WaterOz™ dietary supplements you can feel and see the differences.

Our minerals do not have to be refrigerated, but need to be properly stored away from microwaves, off of the concrete floors, in moderate temperatures and kept out of direct sunlight.

We do not recommend mixing the various minerals together for storage. It is fine to put them in the same container for immediate use.

RECOMMENDED DAILY ALLOWANCES

The Recommended Daily Allowances (RDA) suggested by the FDA were developed using obsolete technology before the chemical forms of elemental minerals were fully understood. With the testing equipment available at the time they were unable to distinguish between usable or unusable mineral forms. In addition, they did not fully understand or recognize the symptoms of chronic marginal mineral deficiencies or of pH imbalances.

Because of these limitations, the RDA suggestions are not particularly useful in determining an appropriate level of mineral supplementation. While we reference the RDA in our studies and literature, it is important that you work closely with a wellness professional to determine the correct level of supplementation your body needs.

Understanding how minerals work and the basic mineral needs of your body is the best way to understand your personal mineral needs. Many tests are available including: pH, live blood analysis, hair analysis, and bone density to name a few. Keep in mind that taking minerals in a pill form and taking minerals in the ionic liquid form cannot be compared. You will need much less, because our minerals are more absorbable by the body. Ask your health care provider to help you monitor and assess your mineral needs.

1 Gallon = 128 Fl. Ounces = 256 Tablespoons = 768 Teaspoons

1 Quart = 64 Tablespoons = 192 Teaspoons

1 Pint = 32 Tablespoons = 96 Teaspoons

3 Teaspoons = 1 Tablespoon = 15mL

2 Tablespoons = 1 Fl. Ounce



OUR MINERALS

Boron

Boron is said to compliment estrogen's role in building bones by helping convert Vitamin D into the active form necessary for the absorption of calcium. Boron promotes bone metabolism and calcification. Boron is also used in cartilage formation and repair; it affects calcium, magnesium, and phosphorus levels. Memory and brain function can be supported with boron. It plays a role in regulating the hormones, both estrogen and testosterone. Some preliminary research suggests that boron may improve sexual desire. Boron is stored in the parathyroid glands.

Natural sources of boron are whole grains, nuts, seeds, apples, pears, grapes, and leafy greens.

Calcium

Calcium is one of the most essential of the major biochemical elements needed in human nutrition. It is needed in every organ of the body, including the brain. Calcium is called the "knitter" because it promotes normal restoration and repair processes or knitting everywhere in the body. It is valuable for tone, power, strength, longevity, vitality, and endurance, buffering acidity, and helping regulate metabolism. Because it is used in almost every bodily function, calcium supplementation may be important. It is one of the first elements that is effected by poor dietary choices. Magnesium, boron and Vitamin D increase calcium absorption while sodium helps keep calcium in soluble form in the body (it must be water soluble to be useable). Pure water-soluble calcium is the preferred form. This mineral is necessary to maintain the proper pH balance. Calcium is stored in the blood and teeth, as well as in the nerves, muscles and tissues.

Natural sources of calcium are bran, cheese, raw milk, figs, prunes, dates, onions, vegetable greens, kidney and soybeans, lentils, molasses, salmon, sardines, and shellfish.

Chromium

Chromium plays a role in maintaining cardiovascular health. Chromium is stored principally in the kidneys, spleen and testes, with trace amounts found in the heart, lungs, pancreas and brain. The body cannot easily absorb chromium.

Chromium helps the body regulate metabolism, and helps maintain insulin and blood sugar levels that are already within the normal range. Chromium can affect body weight by stimulating enzymes that metabolize glucose for energy. It plays an important role in the liver synthesis of fatty acids. Chromium supports insulin function and glucose utilization and helps carry proteins. Chromium works best if taken before meals. Refined sugar causes the body to use chromium more rapidly. Strenuous exercise can also affect chromium levels. The elderly are unable to store as much chromium in the body as are younger people. The refining of starches and carbohydrates robs foods of chromium. American soil has lower levels of chromium when compared to European soil.

Chromium supplements have been known to help with daily anxiety, occasional fatigue, and metabolism of amino acids that are essential to growth and life. Deficiencies may promote “glucose intolerance”.

Natural sources of chromium are corn oil, cloves, whole grain cereals, meat, and brewer’s yeast.

Note: Chromium absorption is decreased when taken with milk or foods high in phosphorus.

Cobalt

Cobalt is a mineral that the body uses in a small amount. Cobalt is stored in red blood cells with smaller amounts in the kidney, liver, pancreas and spleen. Cobalt helps support the myelin sheath, promotes the effectiveness of glucose transport from the blood into body cells, and effects the assimilation of iron and the building of red blood cells. Cobalt is an important agent of Vitamin B-12; it increases the body's ability to absorb it. Cobalt stimulates many enzymes of the body and maintains the performance of other body cells. Because of its low absorption rate and high excretion rate, cobalt toxicity is not common.

Natural sources of cobalt are raw milk, goat milk, meats, apricots and sea vegetables.

Copper

Copper is most concentrated in the liver, heart, kidneys, brain, bones, and muscles and is essential in the blood. Trace amounts are present in all body tissues. Copper increases iron assimilation; iron and copper work together in the formation of hemoglobin and red blood cells. Various enzyme reactions require copper. Copper influences protein metabolism, improves vitamin C oxidation, and is integral in the formation of RNA.

Copper can lower zinc levels in your body, so be sure you are getting adequate supplies of zinc.

Natural sources of copper are liver, whole grain cereals, almonds, green leafy vegetables, and seafood.

Germanium

Germanium is one of the most dynamic new discoveries in the realm of trace elements used in maintaining optimum nutritional health. Germanium may help optimize the level of activity of various organs (facilitates oxygen uptake) and helps to support the natural cleansing of toxins and pollutants. Germanium serves as an electrical semiconductor, helping to maintain the electrical fields of the body. Germanium is still being researched for all its possible supplementary applications.

Natural sources of germanium are garlic, ginseng, Aloe Vera, comfrey, all chlorophyll rich foods, shiitake mushrooms, and healing herbs.

Gold

Gold promotes a general feeling of well-being, supports the immune system, and promotes vitality and longevity. Gold has been found to improve glandular function. It helps the body to relax. Some people report that after taking gold for an extended period of time, it raises energy levels. It is believed that gold can protect cartilage, bone, and connective tissue. Gold is used in modern civilization when certain agents are not effective in promoting healthy joints. It is also believed that gold can support heart rhythm and intelligence, as well as maintaining healthy DNA.

Indium

Indium is a rare trace (or micro-) mineral believed to support several hormonal systems in the body and may promote immune activity. It is believed that indium may provide aid to the hypothalamus and pituitary glands. These two master hormone producers have the job of maintaining optimal output of hormones for the body. Once this stasis is achieved, a great many other hormone-producers become stimulated.

Indium seems to enhance food and mineral absorption by the body. It even has been found to aid in the utilization of other essential trace elements. It is not found in food or water; in fact, although it is not ordinarily found in the human body at all after approximately 25-30 years of age, those people taking indium experience beneficial results immediately.

Some of the short-term benefits reported by many indium users include: increased energy, an enhanced sense of well-being, and a reduced need for sleep. Long-term benefits of taking indium are one feels rejuvenated and energized because the hormonal system is working properly.

Note: There are no sulfates in this product. Do not take with food.

Iodine

Iodine supports thyroid function. The thyroid secretes hormones that control many vital body functions, such as metabolism and growth. Iodine supplements have been known to help with growth in children that affect physical, mental and sexual development.

Natural sources of iodine are kelp, shellfish, seafood, papaya, mango, pineapple and iodized table salt.

Note: Only available in the Pint (16oz) size.

Iron

Iron is called the "energy giver." It attracts oxygen and builds blood. Along with manganese and copper it is necessary for maintaining blood chemistry already within the normal range. It is stored in the blood, bone marrow, liver, and spleen, with trace amounts in every organ. Women require more iron than men because of their menstrual cycle. With iron, the body manufactures new hemoglobin, the red cell protein that transports oxygen in blood. Iron helps the body rid itself of carbon dioxide and keeps liver tissue soft.

Iron combines with other nutrients to produce vital blood proteins and is involved in food metabolism, digestion, elimination, circulation, and helps maintain blood pressure levels that are already within the normal range. Vitamin C improves iron absorption.

Iron supplements have been known to help with promoting normal energy levels, development, and hemoglobin in red blood cells.

Natural sources of iron are greens (chlorophyll), high iron fruits, dark berries.

Magnesium

Magnesium is a natural calming supplement. Called the "anti-stress mineral," it aids in relaxing nerves, relieving daily tension, assisting digestion, and activating enzymes important for protein and carbohydrate metabolism, and modulating the electrical potential across all cell membranes.

Magnesium is important in the production and transfer of energy, muscle contraction and relaxation, and nerve conduction. It also aids regularity, is necessary to keep vertebrae in their proper position, induces restful sleep, purifies and purges body tissues (combats impurities). Magnesium is stored in the bowel, nerves and ligaments. Magnesium supplements have been known to help with improving strength and positive mental outlook and maintaining contraction functions.

Chlorophyll and green vegetables contain large amounts of magnesium. Other natural sources are nuts, whole grains, unpolished rice, wheat germ, green vegetables.

Manganese

Manganese, also called the "brain mineral," is important in the utilization of all mental facilities/functions. It aids memory and other brain and nerve faculties. Though only found in trace amounts in the body, good health is impossible without it. It promotes the natural immune restoration functions and like iron, aids in oxygen transfer from lungs to cells. Manganese strengthens tendons, tissues, ligaments, and linings in and outside of organs... "If the human body is well supplied with it (manganese), various tissues, cells and nerves become more ductile, tensile, and elastic" (The Chemistry of Man by Bernard Jensen). Manganese makes up part of a molecule known as mucopolysaccharides, which are used to form collagen, the strong fibrous connective material that builds tissue, bone, and cartilage. This mesh of collagen is the framework on which calcium, magnesium, and other bone building minerals are deposited. Manganese has a positive effect on sexual desire by increasing energy levels and the brain's ability to receive and send messages. It also helps the reproductive organs to work properly because of its effect on tissues and nerves. Production of sex hormones is aided by manganese. It can help reduce the minor discomforts of menstrual cramps and PMS. Manganese is stored half in the bones and the remainder in the liver, pancreas, pituitary gland, and kidneys.

Natural sources of manganese are black walnuts, other raw nuts/seeds, pineapple, blueberries, avocado, cantaloupes, spinach, and the bran/germ of whole grains.

Molybdenum

Molybdenum is a little-known, though essential, trace mineral. It is instrumental in regulating pH balance in the body. For each pH point increase (e.g., 6.1-6.2), the oxygen level is increased up to ten times, thus effecting the metabolism and the body's ability to burn fat.

Although very small amounts are needed, molybdenum is a vital part of three important enzyme systems and is necessary for the proper function of certain enzyme-dependent processes, including the metabolism of iron. When the iron stored in the liver is freed, it can then carry oxygen to body cells and tissue. Molybdenum works with the enzyme systems to help eliminate nitrogen waste by turning it into uric acid. The uric acid then can be converted and more easily flushed out of the system. Molybdenum promotes general well being, aids in carbohydrate metabolism and increases sexual desire. Dental enamel is rich in molybdenum. It also induces sleep. It has been found to interfere with the absorption of copper.

Natural sources of molybdenum are spinach and other leafy, dark green vegetables, cauliflower, whole grains such as oats, buckwheat, and wheat germ, potatoes, legumes (beans and peas), Brewer's yeast and liver and organ meats.

Platinum

Platinum is believed to boost the immune system.

Potassium

Potassium is called the "alkalizer." It neutralizes acidity and replenishes alkaline salts in the blood stream. Potassium works with sodium in all cells including at nerve synapses to maintain membrane potentials and assist in metabolic processes. Potassium is critical to cardiovascular and nerve function, regulating the transfer of nutrients into cells, and facilitating muscle energy. Potassium also regulates water balance, assists recuperative powers, promotes joint health (causing acidity to decrease in the joints), is vital for the elimination of wastes, promotes and generally contributes to a sense of well-being. Potassium is stored in the muscles.

Potassium supplements have been known to help promote strong muscles, a clear head, and regular heart rhythms.

Natural sources of potassium are leafy green vegetables, citrus, bananas, black olives, potato peelings, beets, beans, kelp, whole grains, and seafood.

Selenium

Selenium is an essential trace mineral that works with Vitamin E in metabolic functions. It promotes normal body growth and fertility, maintains tissue elasticity and is a potent antioxidant that naturally reduces the retention of toxic metals in the body. Selenium is crucial for the proper functioning of the heart muscle. The people of Norfolk, England, are said to be among some of the longest-lived. Scientists theorize it is due to high concentrations of selenium in the soil. Selenium is stored in muscle and other tissues, as well as in the liver and kidneys.

Selenium supplements have been known to help muscles, the skin, fertility, stamina, and the heart and circulatory system.

Natural sources of selenium are organ meats (liver, kidney), seafood, whole grains, and many natural foods.

Silver

Silver has been used for thousands of years for health. It is believed that silver supports the immune system. Silver does not affect the friendly flora in the digestive tract due to the fact that they are oxygen breathing, (aerobic).

Sulfur

Sulfur is known as a healing mineral. It aids every cell in the natural elimination of toxins through agitation. Sulfur aids functions in enzyme reactions and protein synthesis and is important in cellular respiration. Sulfur is the flexible bond that connects cells; it is the lubricant found between joints, therefore, it is important for

supporting the muscles and skeletal system. It is believed that sulfur supports the myelin sheath, the protector on the end of every nerve in the body. It supports blood circulation, promotes muscle health, scavenges free radicals, beautifies the skin, is important for carbohydrate metabolism and wound healing. Sulfur is stored in the brain, nerves, bowel and liver, and in all body cells, especially skin, hair, and nails.

Sulfur supplements have been known to help with development of nails, hair, and skin growth.

Natural sources of sulfur are kale, cabbage, cauliflower, cranberries, meat, fish, egg yolks, onion, and garlic.

Tin

Tin is concentrated primarily in the adrenal glands and in the tissues, liver, brain, spleen and thyroid. It has been implicated in hair growth and hearing, but little is known about the functions of tin in humans.

Natural sources of tin are some canned foods, seaweed, licorice and some toothpaste.

Vanadium

Vanadium supports the circulatory system, helps maintain cholesterol and blood sugar levels that are already within their normal ranges and is believed to help support the heart. Vanadium also promotes red blood cell growth and assists in iron metabolism.

Natural sources of vanadium are oysters, kelp, gelatin, vegetable oil, soy, sunflower, corn, olive oil, buckwheat, parsley, oats, rice, green beans.

Water of Life

Our Water of Life begins as a fossilized kelp product called "Calzyme," a unique and potent blend of natural minerals and calcium salts extracted from the sea and concentrated through decomposition over eons of time.

WaterOz then adds its own blend of "missing elements" to create a finished product that aids and promotes the body's natural functions, supports blood, maintains cell walls, and promotes contraction and relaxation of muscles such as the heart.

The numerous elements that compose our bodies are constantly being utilized and must be replenished. Unlike all other WaterOz mineral products targeted to specific health needs, Water of Life contains approximately 84 trace elements, making it the perfect nutritional supplement for overall body maintenance.

Zinc

Zinc aids in the proper assimilation of vitamins, normal growth and development, maintenance of body tissues, sexual function, immune system, natural

detoxification and synthesis of DNA. It is an anti-oxidant, and must be in proper balance to assist some 25 enzymes in various functions involving digestion, metabolism, and reproduction. Zinc is found in all the body fluids, including the moisture in the eyes, lungs, nose, urine, and saliva.

Because zinc moves through all the fluids in the body, it is an important part of our natural defenses. Zinc is stored in the thyroid, pancreas, liver, kidneys, bones, voluntary muscles, prostate, sperm, skin, hair, nails, white blood corpuscles and parts of the eyes.

Zinc supplements have been known to help with maintaining appetite, the skin, and immune function.

Natural sources of zinc are oysters, red meat, liver, egg yolks, whole grains, nuts, legumes, poultry, seafood, Brewer's yeast, mushrooms.

OUR ENZYMES

EPN

EPN complex is a patent-pending enzyme phytonutrient (from a plant source) that provides the enzymes and saccharides used in optimal cellular communication. No combination of vitamins, minerals, amino acids or herbals can replace the saccharides found in EPN. We believe that EPN will provide total enzyme supplementation.

Proteins and carbohydrates are chief components of the human body. In the past, food always has provided these essential building blocks. However, scientists are learning more each day about the functions that specific nutritional food components play in the body. As recently as the last century, the benefits of vitamins, minerals, amino acids and phytochemicals were discovered. Enzyme phytonutrients appear to be effective in supporting the immune system.

There is evidence also to suggest that phytonutrient molecules mediate most of the communication that occurs between the 100 trillion or so cells of the human body. Incomplete or poorly formed phytonutrient molecules affect cell messages, which may have implications for immune system function. While human milk contains high concentrations of nutrients, animal milks vary in the combinations and amounts present.

PRNA

What is "RNA"? Why do we need it? What does it do? RNA stands for ribonucleic acid. Ribonucleic acid is responsible for building proteins and protein synthesis in the body. To understand RNA function one must understand protein function.

A protein is a group of molecules composed of elements and amino acids. These are in all living cells and many substances including enzymes and hormones are necessary for the proper functioning of any living organism. They are absolutely essential to all animal diets and to the growth and repair of tissue in the body. Without RNA, protein would not be produced or synthesized by the body. This is why RNA is so vitally important.

There are 3 types of RNA: messenger RNA, transfer RNA and ribosomal RNA. Messenger RNA is responsible for taking messages from your DNA (your gene structure) and providing a template or a single strand mirror image for your amino acids to link up with. This is where transfer RNA comes in. Transfer RNA seeks out and brings each individual amino acid to the chain and parks it in its particular slot where it will do the most good and be the most beneficial. Now enters rRNA (ribosomal RNA). Ribosomal RNA provides the machinery or energy needed to start the protein synthesis process.

OUR SOLUTION DROPS

Body Alkalizer

The Body Alkalizer is essentially a form of liquid that, when added to water, will change the value thereof to an alkaline. The basis behind this is to interfere with the aging that occurs in one's body as a result of accumulated non-disposed cellular waste in the system. Since waste products are carried out by the blood and disposed of in a liquid form, drinking the proper kind of water may be helpful. Alkaline water works on a cellular level; it causes the waste products accumulated in the cell to be removed from the system via perspiration or urine. It also raises one's own pH level, bringing the body to a healthier, more alkaline state. Water is a very strong solvent. It sustains and even protects life. It carries essential minerals throughout the body, supplying the cells with necessary nutrients. It is essential in every aspect of our lives, and because of this, getting the right type of water is vital. Many assume the more pure the water, the better. The truth is, "pure" water (distilled) is "dead". Nothing can live in it, and if taken long enough it will leach out valuable minerals such as calcium, magnesium, potassium and sodium from the body. What is more important is the right type of water. Only a few drops of our Body Alkalizer in a glass of milk will neutralize lactic acid, but it will take 120 drops of the Body Alkalizer to neutralize your soda! When added to normal bathtub water (approximately 20 drops), you'll come out clean as a whistle, no soap required. This is an amazing product! One 1-ounce bottle yields five 2-drop doses for 45 days.

OxyDrops

OxyDrops is a liquid concentrate of electrolytes of oxygen made available to the body in a molecular form and released upon contact with stomach acid. OxyDrops is the highest quality, strongest and most stable of all the liquid electrolytes of oxygen available today. It provides the bloodstream with molecular oxygen. When extra oxygen is released into the bloodstream in this manner, though minimal when compared to the amount of oxygen entering via the lungs, it is very beneficial to one's metabolism. If the body can maintain a robust cellular oxidation, meaning that virtually every cell in the body is functioning well, when cell oxidation is diminished due to stress, pollution and junk foods, the body is opened up to fatigue. The chlorite molecule is used for a number of important enzymes that help improve cell oxidation. In fact, the most abundant element found in healthy human blood is chlorine, followed by sodium, calcium, magnesium, iron and so forth. OxyDrops has specific enzyme-enhancing qualities. When OxyDrops hits stomach acid, it breaks it up into elemental sodium and oxygen; when it is diluted in water, the high alkaline pH is rapidly lowered from a pH of 12-13 to a pH of about 8.6. When this happens, the chlorite-oxygen molecule is separated from the sodium atom. Tiny amounts of chlorine dioxide are released, making our OxyDrops a good thing to have on hand if the water source is questionable. One 4-ounce bottle yields two 10-drop doses a day for 60 days.

OUR GEMSTONE SOAPS

Alexandrite – Green Apple Glycerin Soap

This soap smells so good you'll be tempted to take a bite. It is created with a fragrance oil that carries an aroma that may create thoughts to carry you away to your own private apple orchard.

Amber – Sandalwood Glycerin Soap

Amber is made from the best essential oil and is one of WaterOz's best soaps for any skin type, mild enough for even sensitive skin. Sandalwood was used historically as an aid in meditation.

Amethyst – Lavender Glycerin Soap

This marvelous fragrance is created by a grade "A" essential oil that inspires soothing and relaxation.

Coral – Cucumber & Cantaloupe Glycerin Soap

Cucumber and cantaloupe combine to create a smell that you can almost take a bite of.

Emerald – Tea Tree

Our Emerald soap was created with the super clean that only tea tree essential oil can offer.

Lemon Green Sapphire – Eucalyptus Lemon Glycerin Soap

Cleansing and refreshing for the skin, this essential oil soap can be a part of a soothing and calming experience.

Lemon Meringue – Vanilla Sent, Lemon Oil, Sulfur, and Glycerin Soap.

Opal – Peppermint Glycerin Soap

Opal is a wonderful eye-opener, stimulating the senses with its invigorating aroma. This essential oil based soap may remind you of candy canes from Christmas long ago.



Spice Traders Soap – Spice Traders blend oil/ Glycerin Soap. Has all the properties of our Spice Traders Blend, also known as Thieves oil.

Topaz – Tangerine Glycerin Soap

A wonderful orangey scent, Topaz is calming to the senses. Made with Tangerine essential oil, its aroma is uplifting.

NEW AT WATEROZ™!

Tea Mint Tooth Drops

Try our New Tooth Drops! Specially formulated so that you can enjoy the cleaning power of Tea Tree with the freshness of Peppermint! Leaves your mouth feeling super clean. No Additives, No Fluoride and No Germs. Only 1 or 2 drops on your toothbrush will clear your mouth of odors caused by unwanted bacteria. This product is not intended for use by children. Do not ingest. Use with caution! Also available in Spearmint, please specify when ordering.

OUR ESSENTIAL OILS

Our Grade “A” Essential Oils are a great part of a “wholistic” approach to health, happiness and wellness. They are able to stimulate the olfactory senses and permeate the skin to promote a vital, healing glow. They are “[best] diluted for safe application by the percentage method, between 1% and 5%. In other words, fifteen drops of essential oil in 30ml (one ounce) of carrier oil produces a 2.5% blend, which is suitable for face and body. Percentage can be increased to 5% if covering a smaller area (e.g., facial oil, reflex points) and decreased for a larger application (full-body massage).” We offer you single oils as well as wonderful blends to help make it convenient for different applications. Apply these oils to reflex points on the feet; it’s a great way to begin one’s journey toward looking and feeling your best. Relax and enjoy!

NOTE: ALWAYS REMEMBER TO KEEP OILS OUT OF REACH OF CHILDREN, AVOID CONTACT WITH THE EYES AND NEVER TAKE INTERNALLY! ALWAYS DILUTE (ESPECIALLY USE GREATER DILUTIONS WITH INFANTS AND THE ELDERLY).

Essential Oils - Blends

Anastasia *Ingredients:* Helichrysum gymnocephalum, Birch, Clove Bud, Cypress, Peppermint, and Marjoram.

Baby Soft *Ingredients:* Rosewood, Palmarosa, Elemi, Ylang Ylang Extra, Geranium, Patchouli, and Rose. Blended with Fractionated Coconut Oil.

Bear With Me *Ingredients:* Vetiver, Clary Sage, Sandalwood, Linden Blossom absolute, Bergamot, Petitgrain, Cinnamon Bark, Neroli, Lemon and Orange. Blended with Jojoba Oil.

Circle Of Life *Ingredients:* Cypress, Marjoram, Hyssop, Eucalyptus citriodora, Ylang Ylang Extra, Helichrysum italicum, Ginger Root and Petitgrain. Blended with Fractionated Coconut Oil.

Citrivescents *Ingredients:* Orange, Grapefruit, Lemon and Lime.

Clove ‘n’ Lime *Ingredients:* Clove Buds and distilled Lime.

Discover Your Magnificence *Ingredients:* Black Pepper, Bergamot, Holy Basil, Lemon, Orange, Lavender, Rose Otto, Roman Chamomile, Frankincense, German Chamomile and Ylang Ylang Extra. Blended with Jojoba Oil.

Dreamtime *Ingredients:* Sandalwood, Patchouli, Jasmine grandiflorum, Ginger, and Petitgrain citronnier. Blended with Jojoba Oil.

Enlightenment *Ingredients:* Lavender, Geranium Bourbon, Sandalwood, Blue Tansy, Ylang Ylang Extra, Elemi, German Chamomile and Cypress. Blended with Jojoba Oil.

Envision *Ingredients:* Orange, Rose Geranium, Sage and Spruce.

First Aid *Ingredients:* Rosemary, Tea Tree, Clove Buds and Helichrysum italicum.

Focus *Ingredients:* Rosemary, Peppermint, Holy Basil, Basil and Cardamom.

Fulfillment *Ingredients:* Lemon, Orange, Geranium Bourbon type, Bergamot, Mandarin, Ylang Ylang Extra, and Rose Otto. Blended with Fractionated Coconut Oil.

Fullness Of Life *Ingredients:* Eucalyptus globulus, Eucalyptus citriodora, Myrtle, Eucalyptus radiata, Peppermint, Spruce, Ravensara, Pine and Marjoram.

Heart's Desire *Ingredients:* Myrrh, Spruce, Juniper Berry, Ylang Ylang Extra, Roman Chamomile, and Melissa. Blended with Jojoba Oil.

Mountain Retreat *Ingredients:* Spruce, Fir, Pine, Cedarwood, Ylang Ylang Extra, and Frankincense.

Native Spirit *Ingredients:* Hyssop, Lavender, Lemon, Orange, Geranium, Rosewood, Sandalwood, Myrrh, Sage, Spruce, Frankincense, Rose, German Chamomile, Ylang Ylang Extra, Neroli and Angelica Root. Blended with Jojoba Oil.

On Bended Knee *Ingredients:* Rosewood, Grapefruit, Holy Basil, Frankincense, Bay Leaf, Indian Peppermint, Galbanum, Jasmine grandiflorum absolute, Rose, Hyssop, Roman Chamomile and Pink Lotus absolute. Blended with Jojoba Oil.

Passion *Ingredients:* Tangerine, Bergamot, Jasmine grandiflorum absolute, Geranium Bourbon type, Citronella, Helichrysum italicum, Vetiver, Frankincense and Holy Basil. Blended with Jojoba Oil.

Prosperity *Ingredients:* Orange, Spruce, Patchouli, Clove, Myrrh, Cinnamon Bark, Lemon and Cypress.

Purify *Ingredients:* Lemongrass, Rosemary, Tea Tree, Lavender stoechas, Myrtle, and Citronella.

Serenity *Ingredients:* Orange, Tangerine, Patchouli, Lime, Ylang Ylang Extra, Lavender, Blue Tansy, German Chamomile and Citronella.

Skin Care *Ingredients:* Lavender, Frankincense, Carrot Seed, Neroli, Roman Chamomile, and Rose.

Spice Traders *Ingredients:* Clove Bud, Cinnamon Bark, Lemon, Eucalyptus radiata, Thyme, Orange, Oregano, Nutmeg, Rosemary, Mandarin, Ginger Root and Citronella.

Sports Pro *Ingredients:* Birch, Peppermint, Nutmeg, Clove, Pennyroyal, Black Pepper, Oregano, Thyme and Marjoram.

T-Power *Ingredients:* Frankincense, Juniper Berry, Nutmeg, Holy Basil, Ravensara, Rosemary, Oregano, Ginger, Blue Tansy, Cumin, Clove Buds and Hyssop. Blended with Fractionated Coconut Oil.

Tummy Rub *Ingredients:* Peppermint, Juniper, Anise, Fennel, Ginger Root and Tarragon. Blended with Fractionated Coconut Oil.

Utopia *Ingredients:* Valerian Root, Sandalwood, Spruce, Frankincense, Lavender, Helichrysum italicum, Geranium, Petitgrain, and Rose. Blended with Jojoba.

Valerie *Ingredients:* Rosewood, Spruce, Frankincense and Blue Tansy. Blended with Fractionated Coconut Oil.

Vitality *Ingredients:* Spearmint, Myrtle, Sage, Nutmeg, Geranium, Myrrh and German Chamomile. Blended with Fractionated Coconut Oil.

Wisdom of the Ancients *Ingredients:* Sandalwood and Cardamom. Blended with Jojoba Oil. (Discontinued)

Zanzibar *Ingredients:* Sandalwood, Lemon, and Vanilla. Blended with Jojoba. A fresh, lemony-vanilla scent - intoxicatingly delicious!

Essential Oils - Carrier Oils

These oils are used for the essential oils, for use with full body massages of reflexology. Our premium carrier oils are certainly not the cheapest on the market, but we are sure that you will agree they are the best!

Note: Essential oils are usually diluted for safe application, suggested 15 drops of essential oil in one ounce of carrier oil. Dilute more for use on babies, elderly and massage, or less for reflex point application.

Almond, Sweet – Filtered/Refined (*Prunus amygdalus* var. *dulcis*)

Apricot Kernel – Filtered/Refined (*Prunus armeniaca*)

Coconut, Fractionated – Filtered/Refined (*Cocos nucifera*)

Grape Seed, Organic – Filtered/Refined (*Vitis vinifera*)

Jobba (Liquid Plant Wax) (*Simmondsia californica*)

Essential Oils - Singles

Note: All oils are 15mL, unless noted otherwise.

Angelica Root (<i>Angelica archangelica</i>) ^D (5mL)	Grapefruit, Pink (<i>Citrus paradisi</i>)
Anise (<i>Pimpinella anisum</i> L.) ^D	Grapefruit, White Organic (<i>Citrus paradisi</i>)
Artemesia (<i>Artemisia annua</i>) ^D (5 & 15mL)	Helichrysum, Organic (<i>Helichrysum italicum</i>) (5mL)
Basil (<i>Ocimum basilicum</i>)	Hyssop, Wild (<i>Hyssop decumbens</i>) (5mL)
Basil, Holy (<i>Ocimum sanctum</i>)	Jasmine (<i>Jasminum grandiflorum</i>) ^D (5mL)
Bay Leaf/Laurel Bay (<i>Laurus nobilis</i>) ^D (5mL)	Jasmine, Organic (<i>Jasminum sambac</i>) (5mL)
Bergamont, FCF (<i>Citrus aurantium</i> var. <i>bergamia</i>)	Juniper Berry (<i>Juniperus communis</i>) ^D
Bergamont (<i>Citrus aurantium</i> var. <i>bergamia</i>)	Lavender (<i>Lavendula angustifolia</i>)
Blue Tansy, Wild (<i>Tanacetum anuum</i>) (5mL)	Lemon, Organic (Pressed Peel - <i>Citrus limonum</i>)
Birch Bark, Sweet (<i>Betula lenta</i>)	Lemongrass (<i>Cymbopogon flexuosus</i>)
Cardamon (<i>Elettaria cardamonum</i>) ^D (5mL)	Lime (<i>Citrus aurantifolia</i>)
Carrot Seed (<i>Daucus carota</i>) ^D	Mandarin (<i>Citrus reticulata</i>)
Cedar Leaf (<i>Thuja occidentalis</i>) ^D (5mL)	Marjoram, Wild (<i>Origanum dubium</i>)
Cedar Leaf, Red (<i>Thuja Plicata</i>) ^D	Myrrh, Wild (<i>Commiphora myrrha</i>) (5 & 15mL)
Cedarwood Atlas (<i>Cedrus atlantica</i>) (5 & 15mL)	Myrtle, Wild (<i>Myrtus communis</i>)
Celery Seed (<i>Apium graveolens</i>) ^D	Neroli Bigarade (<i>Citrus aurantium</i> ssp. <i>amara</i>) (5mL)
Chamomile, German (<i>Matricaria recutita</i>) ^D (5mL)	Niaouli (<i>Melaleuca quinquinervera</i>) ^D
Chamomile, Roman (<i>Anthemis nobilis</i>) (5mL)	Nutmeg (<i>Myristica fragrans</i>)
Cinnamon Bark (<i>Cinnamomum zeylanicum</i>) (5mL)	Orange, Organic (Pressed Peel - <i>Citrus sinensis</i>)

Cistus/Rockrose (<i>Cistus labdanum</i>) ^D (5mL)	Oregano, Wild (<i>Origanum vulgare</i> L. <i>hirtum</i>)(73% / 49% carv.)
Citronella (<i>Cymbopogon winterianus</i>)	Patchouli (<i>Pogostemon cablin</i>)
Clary Sage, Organic (<i>Salvia sclarea</i>) (5mL)	Pennyroyal, Organic (<i>Micromeria fruticosa</i> (L.))
Clove Bud (<i>Eugenia caryophyllata</i>)	Pepper, Black (<i>Piper nigrum</i>) ^D (5 & 15mL)
Cumin, Organic (<i>Cuminum cyminum</i>) ^D	Peppermint (1st Distilled - <i>Mentha piperita</i>)
Cumin, Black (<i>Nigella sativa</i>) ^D	Pine, Scotch Needles (<i>Pinus sylvestris</i>)
Cumin, Black Organic (<i>Nigella sativa</i>) ^D	Ravintsara, Organic (<i>Cinnamomum camphora</i>)
Cypress (<i>Cupressus sempervirens</i>)	Rosemary, *Camphor* Wild (<i>Rosmarinus officinalis</i>)
Dill (<i>Anethum graveolens</i>) ^D (5mL)	Rosewood (<i>Aniba roseodora</i>)
Elemi (<i>Canarium luzonicum</i>) ^D	Sage, Wild (<i>Salvia fruticosa</i> Miller)
Eucalyptus (<i>Eucalyptus globulus</i>)	Sandalwood, Wild (<i>Santalum album</i>) (5 & 15mL)
Eucalyptus (<i>Eucalyptus radiata</i>)	Sandalwood, Dark (<i>Amyris balsamifera</i>) ^D
Eucalyptus, Lemon (<i>Eucalyptus citriodora</i>)	Spearmint (<i>Mentha spicata</i>) (5mL)
Eucalyptus, Organic (<i>Eucalyptus smithii</i>)	Spikenard, Wild (<i>Nardostachys jatamansi</i>) (5mL)
Fir, Douglas (<i>Pseudotsuga menziesii</i>) (5mL)	Spruce (<i>Tsuga canadensis</i>)
Fir, Needles (<i>Abies alba</i>) ^D	Tagetes (<i>Tagetes erecta</i>) ^D
Fir, Siberia (<i>Abies sibirica</i>) ^D	Tangerine (Pressed Peel - <i>Citrus reticulata</i>)
Frankincense, Wild (<i>Boswellia serrata</i>) (5 & 15mL)	Tarragon (<i>Artemisia dracunculus</i>) (5mL)
Garlic (<i>Allium sativum</i>)	Tea Tree (<i>Melaleuca alternifolia</i>)
Geranium Bourbon/Rose (<i>Pelargonium roseum</i>)	Thyme, Red (<i>Thymus vulgaris</i>)
Ginger Root (<i>Zingiber officinalis</i>)	Continued on next page...
Valerian Root, Wild (<i>Valeriana officinalis</i>) ^D (5mL)	Ylang Ylang Extra, Organic (<i>Cananga odorata genuina</i>)
Vetiver, Wild (<i>Vetivera zizandioides</i>) ^D (5mL)	
Wintergreen, Wild (<i>Gaultheria fragrantissima</i>)	
^D Being Discontinued	

Essential Oil Samplers

We offer essential oil sampler packs for those who want to experience the different fragrances before they purchase larger sizes. All Essential Oil Sampler Kits are \$70.00.

Essential Oil Sampler #1 contains Blend oils: Anastasia, Baby Soft, Bear with Me, Circle of Life, Citrivescents, Clove & Lime, Discover, Dreamtime, Enlightenment, Envision, First Aid, Focus, Fulfillment, Fullness Of Life, and Hearts Desire. Each oil is in a 2.5ml vial.

Essential Oil Sampler #2 contains Blend oils: Mountain Retreat, Native Spirit, On Bended Knee, Passion, Prosperity, Purify, Serenity, Skin Care, Spice Traders, Sports Pro, T-Power, Tummy Rub, Utopia, Valerie, Vitality and Zanzibar. Each oil is in a 2.5ml vial.

Essential Oil Sampler #3 contains oil singles: Basil, Holy Basil, Bay Leaf, Bergamont, FCF Bergamont, Sweet Birch Bark, White Cedar Leaf, Red Cedar Leaf, Cedarwood Atlas, German Chamomile, Cinnamon Bark, Citronella, Clary Sage, Clove Bud, Cypress, Dill, Globulus Eucalyptus, Radiata Eucalyptus, Lemon Eucalyptus, Fir Needles, Douglas Fir, Frankincense, Garlic and Ginger Root. Each oil is in a 2.5ml vial.

Essential Oil Sampler #4 contains oil singles: Pink Grapefruit, White Grapefruit, Helichrysum, Hyssop, Jasmine Grandiflorum, Jasmine Sambac, Juniper Berry, Wild Juniper Berry, Lavender, Lemon, Lime, Marjoram, Myrrh, Wild Myrtle, Neroli, Niaouli, Orange, Wild Oregano, Patchouli, Black Pepper, Peppermint and Pine Scotch Needle. Each oil is in a 2.5ml vial.

Essential Oil Sampler #5 contains oil singles: Rosemary, Wild Rosemary, Rosewood, Wild Sage, Dark Sandalwood, Wild Sandalwood, Spearmint, Spikenard, Spruce, Tagetes, Tangerine, Tarragon, Tea Tree, Red Thyme, Wild Wintergreen and Ylang Ylang Extra. Each oil is in a 2.5ml vial.

OUR AIR & WATER PURIFIERS

“Clean air and water anytime - anywhere!”



Our Basic Air/Water Purifier (Above)
(OxyReady Model Available Also)

About Our Air & Water Purifiers

Our air and water purifiers being light, mobile and very simple to use, can filter your indoor air or drinking water instantly – just by a flip of a switch. It can be used to treat drinking water from any source - public or private, or your indoor air - right from

the comforts of your own home or office. Utilizing a UV lamp and ozone, it is one of the best and most eco-friendly ways to safeguard you against many impurities in our air and water today.

Ozone's Origins & Uses

Ozone was first identified around the 1840s. In 1906, France built the first municipal water treatment plant utilizing ozone purification. Today, over 2,000 plants worldwide are using ozone to help purify our drinking water. In fact Los Angeles, California even has one the largest plants in the world utilizing ozone. Also, ozone systems are being used over chlorine systems in water-bottling plants because of ozone's extraordinary ability to effectively purify water without any chemical side effects to consumers. It is by far the safest and most powerful oxidizer today, allowing us to enjoy fresh clean air and sparkling fresh water naturally without any artificial or toxic cover-up.

Ozone's Meaning & Creation

Ozone from the Greek word ozein "to smell" is a volatile (reactive) molecule comprised of three oxygen atoms. It is produced when the sun's short-wave ultraviolet light strikes and splits oxygen molecules (O_2) in the ozonosphere, high above the earth (~90,000 ft. above sea level) into oxygen atoms (O_1), afterwards combining to any oxygen molecules (O_2) nearby, making ozone (O_3). It is also one of nature's most abundant cleansers along with the sun's ultraviolet light shining through on to this beautiful Earth. It's even created whenever a lightning storm occurs by splitting oxygen molecules (O_2) – resulting in the same product as the sun. The sweet smell afterwards has been said to be ozone as well.

Top Five Benefits of Using UV Light & Ozone

1. Odor and pathogenic elimination in the air and water.
2. Clean air and water without any nitrogen byproducts.
3. pH neutral, causing no adverse affect of water's pH balance.
4. Revitalizes stale air and water in a matter of minutes.
5. Inexpensive to run, just taking pennies a day.